

15 July 2016

Dear Parents/Carers

In 2016 our Year 7-12 Athletics Carnival will be held on Friday July 22.



The emphasis of the Meridan State College's Athletics Program is about achieving success, maximizing student participation and building Community pride. Students are strongly encouraged to dress in community colours to add a sense of occasion to the event and to assist with student organisation. This carnival will also serve as selection trials, with outstanding performers asked to join the Meridan State College Athletic Team to compete at the Central District Athletics Carnival on August 12 and 15.



All students will need to bring:

- their school hat
- sport shoes suitable for events
- sunscreen
- drink bottle
- medication if required; for example asthma puffers

The Rainforest Café will operate as normal for students. However, due to supervision, students will have limited access to the Café and it is recommended that students bring snacks they can eat throughout the day. Spectators can also access the Rainforest Café.

All members of the Meridan State College community are encouraged to come along and support our students. It will be a good idea to bring a folding chair for your own convenience. There will be a designated parents/spectator area provided and we ask that parents remain in this area as much as possible to allow students and teachers to organise the events. Any inquiries can be directed to the event coordinator, Secondary Sport Coordinator, Mr Brent Schilf.

ADDITIONAL INFORMATION FOR EXCURSIONS AND EVENTS

MEDICAL AND EMERGENCY DETAILS

Any relevant changes to medical details or emergency contacts that are currently kept on record by the College should be updated immediately. This includes information on any recent medical conditions that may limit, or be aggravated by your student's participation in this activity. It includes details on any medication currently being taken that might be relevant in a medical emergency. Changes to phone or email addresses should also be updated.

INJURY AND INSURANCE

Please be aware that when involved in activities there is an inherent risk of physical injuries occurring without any negligence on the part of the school and in such circumstances the responsibility for the injury and any associated costs will rest with you and not the school. Parents are advised that the Department of Education, Training and Employment (DETE) does not have Personal Accident Insurance cover for students. DETE has public liability cover for all approved school activities and provides compensation for students injured at school only when the Department is negligent. If this is not the case, then all costs associated with the injury are the responsibility of the parent or carer. It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.

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Yours sincerely

Ross Stewart
Head of Health & Physical Education and Sport

Francis McColl
Deputy Principal for Sport P-12

Learning Today, Creating Tomorrow.



<https://www.facebook.com/MeridanStateCollege>



[@MeridanSC](https://twitter.com/MeridanSC)

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HEALTH & PHYSICAL EDUCATION YEAR 7-12 ATHLETICS PROGRAM



Pre Carnival Events

(HELD DURING FIRST BREAK ON THE OVAL AT 11:35am)

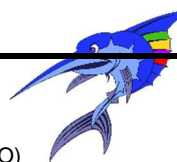
Junior Secondary Pre-Carnival Events			Senior Secondary Pre-Carnival Events	
Friday 15 July	Tuesday 19 July	Thu 21 July	Monday 18 July	Wednesday 20 July
<ul style="list-style-type: none"> • 12yr boys & girls High Jump 	<ul style="list-style-type: none"> • 12yr girls Shot Put • 12yr boys Long Jump • 13yr boys Triple Jump • 14yr girls High Jump 	<ul style="list-style-type: none"> • 12yr girls Long Jump • 13yr boys & girls Shot Put • 14yr boys & Girls Triple Jump 	<ul style="list-style-type: none"> • 15yr boys Javelin • 15yr girls High Jump • 16yr girls Discus • Open boys Long Jump 	<ul style="list-style-type: none"> • 16yr boys & girls Javelin • 15yr boys High Jump • Open boys & girls Discus

All 1500m events will be run after school at 3:15pm Wednesday 20 July 2016

Carnival – Friday July 22

9:00am	Students assemble as per assembly instructions, Community War Cries and March to Oval						
	TRACK Events	FIELD Events					
9:30 – 10:00	800m Girls (all age groups)	12yr boys Discus	13yr boys Long Jump	14yr boys Shot Put	15yr boys Triple Jump	16yr boys High Jump	Open boys Javelin
10:00 – 10:30	800m Boys (all age groups)	12yr girls Discus	13yr girls Long Jump	14yr girls Shot Put	15yr girls Triple Jump	16yr girls High Jump	Open girls Javelin
10:30 – 11:00	400m Girls (all age groups)	12yr boys Javelin	13yr boys Discus	14yr boys Long Jump	15yr boys Shot Put	16yr boys Triple Jump	Open boys High Jump
11:00 – 11:30	400m Boys (all age groups)	12yr girls Javelin	13yr girls Discus	14yr girls Long Jump	15yr girls Shot Put	16yr girls Triple Jump	Open girls High Jump
11:30 – 12:00	200m Girls (all age groups)		13yr boys Javelin	14yr boys Discus	15yr boys Long Jump	16yr boys Shot Put	Open boys Triple Jump
12:00 – 12:30	200m Boys (all age groups)		13yr girls Javelin	14yr girls Discus	15yr girls Long Jump	16yr girls Shot Put	Open girls Triple Jump
12:30 – 1:00	100m Girls (all age groups)	12yr boys Triple Jump	13yr boys High Jump	14yr boys Javelin	15yr boys Discus	16yr boys Long Jump	Open boys Shot Put
1:00 – 1:30	100m Boys (all age groups)	12yr girls Triple Jump	13yr girls High Jump	14yr girls Javelin	15yr girls Discus	16yr girls Long Jump	Open girls Shot Put
1:30 – 2:00		12yr boys Shot Put	13yr girls Triple Jump	14yr boys High Jump	15yr girls Javelin	16yr boys Discus	Open girls Long Jump
1:45 – 2:15	The Meridan Gift - 100m (handicap race for the winners from each age group)						
2:00 – 2:45	Relays (Girls & Boys + all age groups)						
2:45 – 3:00	Clean Up + Presentation						

ATHLETICS RECORDS



100m - BOYS	12 yrs	Connor Lehman (O)	13.78	(2009)	100m - GIRLS	12 yrs	Emily Weary (O)	14.56	(2015)
	13 yrs	Jack Davies (O)	12.81	(2014)		13 yrs	Mitzi Worrell (F)	13.97	(2008)
	14 yrs	Kurtis Barnard-	12.21	(2015)		14 yrs	Mitzi Worrell (F)	13.33	(2009)
	15 yrs	Moore(O)	12.35	(2009)		15 yrs	Kailah Osborne(O)	13.60	(2014)
	16 yrs	Dale Appleton (R)	12.03	(2013)		16 yrs	Kailah Osborne (O)	13.89	(2015)
	17 yrs	Joel Cooper (R)	11.78	(2014)		17 yrs	Maddy Agius (O) & Sheridan Grice-Walsh (R)	14.55	(2014) (2015)
200m BOYS	12 yrs	Alex Bansgrove (O)	28.77	(2008)	200m - GIRLS	12 yrs	Greta Stuart (F)	31.49	(2013)
	13 yrs	Jack Davies (O)	25.47	(2014)		13 yrs	Greta Stuart (F)	29.34	(2014)
	14 yrs	Jack Davies (O)	25.48	(2015)		14 yrs	Mitzi Worrell (F)	29.34	(2009)
	15 yrs	Matt McKenzie (F)	25.34	(2009)		15 yrs	Eleanor Stuart (F)	29.48	(2014)
	16 yrs	Ryan Edwards (B)	25.35	(2015)		16 yrs	Kailah Osborne (O)	31.12	(2015)
	17 yrs	Nick Agius (O)	25.58	(2014)		17 yrs	Sheridan Grice-Walsh (R)	31.29	(2015)
400m- BOYS	12 yrs	George Carpenter (F)	1:02.00	(2011)	400m - GIRLS	12 yrs	Holly Anderson (F)	1:10.84	(2010)
	13 yrs	Brad French (F)	1:02.59	(2009)		13 yrs	Greta Stuart (F)	1:12.30	(2014)
	14 yrs	Jack Davies (O)	58.61	(2015)		14 yrs	Kate Herbert (R)	1:08.26	(2014)
	15 yrs	Dale Appleton (R)	1:00.57	(2009)		15 yrs	Sheridan Grice-Walsh (R)	1:10.51	(2013)
	16 yrs	Beau Simpson (B)	58.32	(2013)		16 yrs	Kaila Osborne (O)	1:11.93	(2015)
	17 yrs	Dylan Cole (O)	58.05	(2014)		17 yrs	Rebekah Stuart (F)	1:16.27	(2013)
800m - BOYS	12 yrs	George Carpenter (F)	2:22.00	(2011)	800m GIRLS	12 yrs	Emily Weary (O)	2:58.32	(2015)
	13 yrs	Josh Teis (B)	2:35.37	(2009)		13 yrs	Holly Anderson (F)	2:51.25	(2011)
	14 yrs	Nathan Byrne (B)	2:29.25	(2009)		14 yrs	Greta Stuart (F)	2:52.13	(2015)
	15 yrs	Nathan Byrne (B)	2:31.31	(2010)		15 yrs	Alex Perkins (R)	2:58.22	(2015)
	16 yrs	Connor Smith (R)	2:24.62	(2014)		16 yrs	Hannah Cox (F)	3:02.35	(2014)
	17 yrs	Dylan Cole (O)	2:20.52	(2014)		17 yrs	Rebekah Stuart (F)	3:10.51	(2013)
1500m - BOYS	12 yrs	George Carpenter (F)	5:06	(2011)	1500m- GIRLS	12 yrs	Laura Hutson (B)	6.14	(2009)
	13 yrs	Josh Teis (B)	4:44	(2009)		13 yrs	Holly Anderson (F)	5.52	(2011)
	14 yrs	Jack Hoppo (O)	4:39	(2009)		14 yrs	Meghan Devenney (R)	5.18	(2009)
	15 yrs	Dale Appleton (R)	5:02	(2009)		15 yrs	Eleanor Stuart (F)	6.14	(2014)
	16 yrs	Jack Love (R)	5:31	(2014)		16 yrs	Eleanor Stuart (F)	6:35	(2015)
	17 yrs	Nathan Albans (B)	5:40	(2014)		17 yrs	Paige Wilson (R)	6.34	(2014)
RELAYS - BOYS	12 yrs	Rafter	1:01.24	(2014)	RELAYS - GIRLS	12 yrs	Rafter	1:03.08	(2014)
	13 yrs	Rafter	56.34	(2013)		13 yrs	O'neill	1:03.27	(2011)
	14 yrs	Rafter	52.87	(2014)		14 yrs	Bradman	1:00.71	(2015)
	15 yrs	Bradman	52.63	(2010)		15 yrs	O'neill	1:00.13	(2015)
	16 yrs	Bradman	51.28	(2013)		16 yrs	Freeman	1:00.75	(2015)
	17 yrs	Rafter	51.00	(2014)		17 yrs	Oneill	1:01.84	(2014)
LONG JUMP- BOYS	12 yrs	Cameron Saffery (R)	4.18	(2009)	LONG JUMP- GIRLS	12 yrs	Greta Stuart (F)	4.02	(2013)
	13 yrs	Brad French (F)	4.62	(2009)		13 yrs	Mitzi Worrell (F)	4.43	(2008)
	14 yrs	Dakota Tolhurst (R)	5.20	(2012)		14 yrs	Mitzi Worrell (F)	4.56	(2009)
	15 yrs	Isaiah Ackerman (F)	5.71	(2015)		15 yrs	Krystal Blair (F)	4.28	(2013)
	16 yrs	Cooper Maxwell (O)	5.31	(2015)		16 yrs	Alyssa Ralph (B)	3.99	(2015)
	17 yrs	Nick Agius (O)	5.27	(2014)		17 yrs	Sheridan Grice-Walsh (R)	3.87	(2015)
TRIPLE JUMP - BOYS	12 yrs	Max Johnson (F)	9.01	(2015)	TRIPLE JUMP- GIRLS	12 yrs	Holly Anderson (F)	7.73	(2010)
	13 yrs	Nick Gosley (O)	9.17	(2009)		13 yrs	Greta Stuart (F)	8.69	(2014)
	14 yrs	Misha Bourkot (R)	10.90	(2011)		14 yrs	Kate Herbert (R)	8.85	(2014)
	15 yrs	Daniel Ebbels (B)	10.80	(2010)		15 yrs	Gabi Wilson (O)	9.20	(2015)
	16 yrs	Michael Eather (F)	10.76	(2012)		16 yrs	Alyssa Ralph (B)	8.47	(2015)
	17 yrs	Tallis Holloway (R)	10.53	(2014)		17 yrs	Sheridan Grice-Walsh (R)	8.31	(2015)
HIGH JUMP - BOYS	12 yrs	Max Johnson (F)	1.45	(2015)	HIGH JUMP - GIRLS	12 yrs	Gemma Cowin (O)	1.35	(2015)
	13 yrs	Josh Counter (O)	1.38	(2012)		13 yrs	Kate Herbert (R)	1.29	(2013)
	14 yrs	Tre Gibbons (O)	1.50	(2013)		14 yrs	Greta Stuart (F)	1.36	(2015)
	15 yrs	Isaiah Ackerman (F)	1.71	(2015)		15 yrs	Tara Emery (O)	1.39	(2015)
	16 yrs	Brandon Kempf (O)	1.60	(2014)		16 yrs	Alyssa Ralph (B)	1.30	(2015)
	17 yrs	Jy Larkman (B)	1.64	(2015)		17 yrs	Lauren Fraser (B)	1.30	(2012)
SHOT PUT - BOYS	12 yrs	Connor Lehman (O)	10.15	(2009)	SHOT PUT - GIRLS	12 yrs	Kahli Burchman (F)	9.25	(2010)
	13 yrs	Connor Lehman (O)	13.94	(2010)		13 yrs	Josie Brockhurst (O)	10.48	(2009)
	14 yrs	Zakk Gleeson (R)	13.88	(2012)		14 yrs	Josie Brockhurst (O)	9.96	(2010)
	15 yrs	Zac Kearns (O)	14.19	(2013)		15 yrs	Summer Malietoa (R)	9.16	(2014)
	16 yrs	Jacob Blyth (O)	12.81	(2014)		16 yrs	Josie Brockhurst (O)	9.89	(2012)
	17 yrs	Brad French (F)	12.55	(2013)		17 yrs	Josie Brockhurst (O)	11.00	(2013)
JAVELIN - BOYS	12 yrs	Zac Kearns (O)	27.10	(2010)	JAVELIN - GIRLS	12 yrs	Shanaya Cooper (F)	22.10	(2015)
	13 yrs	Connor Lehman (O)	29.45	(2010)		13 yrs	Greta Stuart (F)	18.86	(2014)
	14 yrs	Zakk Gleeson (R)	29.01	(2012)		14 yrs	Kate Herbert (R)	22.54	(2014)
	15 yrs	Harrison Kennedy (B)	29.16	(2011)		15 yrs	Kate Herbert (R)	24.70	(2015)
	16 yrs	Caleb O'Dwyer (R)	42.00	(2015)		16 yrs	Summer Malietoa (R)	22.70	(2015)
	17 yrs	Jacob Blythe (O)	34.05	(2015)		17 yrs	Maddy Deery (B)	29.60	(2013)
DISCUS - BOYS	12 yrs	Nick Harvey (R)	26.30	(2015)	DISCUS - GIRLS	12 yrs	Sarah Mattson (F)	18.20	(2012)
	13 yrs	Toara Marango (O)	29.90	(2014)		13 yrs	Holly Anderson (F)	20.51	(2011)
	14 yrs	Jay Warren (B)	28.64	(2010)		14 yrs	Josie Brockhurst (O)	20.12	(2010)
	15 yrs	Toara Marango (O)	39.21	(2015)		15 yrs	Summer Malietoa (R)	22.47	(2014)
	16 yrs	Patrick Quinn (B)	30.75 _(1.5kg)	(2013)		16 yrs	Josie Brockhurst (O)	22.05	(2012)
	17 yrs	Dylan Cole (O)	33.31 _(1.5kg)	(2014)		17 yrs	Moesha Harry-Nona (O)	21.79	(2015)